Emergency Preparation Guide

Marine Corps Installations East-Marine Corps Base Camp Lejeune

"Home of Expeditionary Forces in Readiness"



Are You Prepared?

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Emergency Phone Numbers



EMERGENCY POLICE, FIRE, MEDICAL DISPATCH Call: 911 Hearing Impaired Emergency: (910) 451-4444



Non-Emergency PMO Desk Sergeant: (910) 451-5688 or (910) 451-3005



Naval Medical Center Camp Lejeune Information Desk: (910) 450-4300



Eagle Eyes: See Something Suspicious? Say Something. Call: (910) 451-3333/911 USMCEagleEyes.org

Emergency Information

For Emergency Information and updates, base closures and delays

Visit: lejeune.marines.mil or facebook.com/camp.lejeune



Sign up for ATHOC:

https:// alerts1.mcdsus.mcds.usmc.mil/



MCIEAST-MCB CAMLEJ Command Duty Officer: (910) 451-2414



II MEF Command Duty Officer: (910) 451-9788

Mass Notification Systems Warnings and Alerts

AtHoc:

The purpose of AtHoc is to quickly notify the base population of an emergency situation. Examples include active shooter, terrorism attack, tornado, and/man-made disaster. In addition to the Giant Voice speaker system which is already in place, AtHoc provides an automated capability to publish notifications via e-mail, phone, and text message. The Camp Lejeune 911 Emergency Consolidated Communication Center will publish AtHoc alerts.

Giant Voice:

An array of outdoor loud speakers linked to the Emergency Dispatch Center will provide initial warnings and instructions.

"Shelter-in-Place, Shelter-in-Place, Shelter-in-Place. All personnel hearing this message are directed to Shelter-in-Place immediately. There has been an event requiring you to take immediate protective measures."

"Emergency Lockdown, Emergency Lockdown, Emergency Lockdown. All personnel hearing this message are directed to immediately implement Emergency Lockdown procedures. There is a security breech that requires you to take immediate protective actions."

"Destructive Weather, Destructive Weather! (e.g., Tornado, Hail) Seek Shelter, Seek Shelter."

"Attention in the area, attention in the area, All Clear, All Clear. Resume operations. All Clear, All Clear." Reporting Suspicious Behavior and Activity

"EAGLE EYES" / TRAPWIRE

Your *"Eyes* and *Ears" Are Your* Weapons "See Something Suspicious...Say Something"



SURVEILLANCE

Someone observing target area; drawing diagrams, annotating maps, in possession of floor plans.

SUSPICIOUS QUESTIONING/ELICITATION

Someone making unusual inquiries about a place, person, or operation.

TESTS OF SECURITY

Someone moving into sensitive areas to observe and gather data.

ACQUIRING SUPPLIES

The purchase or theft of explosives, weapons, or ammunition, or storing harmful chemicals or equipment, or counterfeiting ID's.

SUSPICIOUS PERSONS WHO DON'T BELONG

Because of their demeanor, their language usage or unusual questions they ask.

DRY RUNS

Practice run for terrorist activity. Someone monitoring police scanners to record emergency response times, or mapping routes to determine traffic flow.

DEPLOYING ASSETS/GETTING INTO POSITION This is our last chance to alert authorities before the act occurs.

OBSERVE SUSPICIOUS ACTIVITY, CALL: (910) 451-3333 / 911 IMMEDIATELY

www.USMCEagleEyes.org

Shelter-In-Place Guidelines

What is Shelter-in-Place?

Shelter-in-place is a short-term safety procedure that will help protect staff, families, and students by taking shelter inside the building if hazardous materials are released into the atmosphere. Hazardous materials are all around us at work and school. When properly handled, they do not pose a health threat; however, when they are accidentally or intentionally released, there is a potential for danger. Preparedness is the key to surviving any emergency, especially a hazardous materials accident. Toxic releases can come without a warning and allow only minutes to respond.

Why Would You Shelter-in-Place?

Shelter-in-place would be necessary if chemical, radiological, or biological contaminants are accidentally or intentionally released into the environment. During a release of hazardous materials, the air quality may be threatened and an evacuation may take you through a plume of toxic materials that could lead to serious health problems.

Shelter-In-Place Guidelines

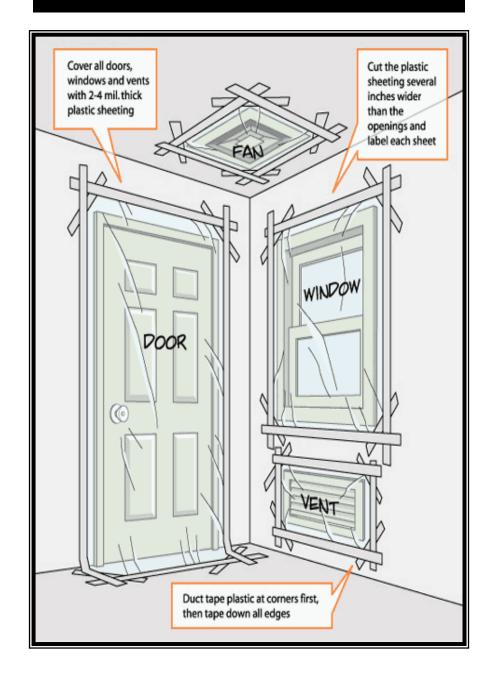
Shelter-in-Place Procedures

- Choose a room to be used. The ideal room is an interior room above the ground floor that has access to water and restroom facilities.
- Pre-cut plastic sheeting so it can be quickly applied to windows and vents.
- Assemble shelter-in-place supplies and store in the chosen shelter room.
- Your shelter-in-place bag should contain important information on your emergency plan and personnel accountability. You may want to revise this emergency resource to provide needed information during a shelter-in-place event as well as an evacuation.
- Educate personnel on the importance of complying with SIP procedures.

Shelter-in-Place Supplies

- Pre-cut plastic sheeting and duct tape to cover windows, doors, air vents, or other openings. Wet cloth towels can also be used if plastic is not available.
- Battery-powered radio.
- Flashlight (with extra batteries).
- Telephone or communication device.
- Hygiene items if restroom facilities are not available (e.g., plastic bucket with a tight lid, garbage bags).
- First aid kit.
- Water and snacks.
- Games and books.
- Any specialized student health care items including medications and equipment.

Shelter-In-Place Guidelines \equiv



Destructive Weather Events

For emergency information and updates, or information regarding base closures due to inclement weather call:

(910) 451-1717

Preparing for a Hurricane

Hurricane Season :

- 1 June- 30 November
- Closely monitor radio or TV for updates .
- Be prepared to cover all windows and doors with shutters or other shielding materials. Secure outdoor objects such as toys, garden tools, lawn furniture etc.
- Check batteries and first aid supplies and stock up on canned food, drinking water, and medications.
- Fuel and service vehicles in case evacuation is ordered.
- Follow instructions and stay in a secure location until notified it is safe to leave.

Preparing for a Tornado

 Designate a shelter area in your home or office without windows, and practice getting there.



- During a tornado warning you should Shelter-In-Place.
- If you are caught outside, seek shelter in a ditch or culvert; lie flat and cover your head.
- Do not venture outside or attempt to outrun a tornado.



Destructive Weather Events

Severe Thunderstorm

 Thunder storms in Eastern NC can cause tornados, lightning, large hail, and straight line winds in excess of 100+ MPH and extreme local flooding.



- When a public address warning is issued over the mass notification system you should Shelter-In-Place.
- If outdoors, immediately move indoors or seek cover.

Floods

- Closely monitor radio or TV for updates .
- Know how to get to higher ground from home and work.



- Do not walk through moving water over 6 inches deep.
- Do not drive through flooded areas.
- If your vehicle stalls in a flooded area, safely exit the vehicle and move to higher ground.

Emergency Preparedness Kit

Have your emergency supply kit ready since disasters can strike without warning. Each kit should have enough food for up to a week for each member of your family, including pets. The following items will help ensure that your emergency supply kit contains all the essentials:

- Water: one gallon of water for each person, per day.
- Food: canned meat, instant soup, cereal, fruit bars, canned fruits and vegetables, can opener, etc. Do not forget your pets' food.
- Baby supplies: formula, bottle, baby food, diapers, wipes, clothing, etc.
- First Aid: first aid manual, adhesive bandages, thermometer, isopropyl alcohol, hydrogen peroxide, anti-bacterial hand wipes or gel, etc.
- Portable radio with extra batteries.
- Flashlight and extra batteries.



- Important documents.
- Cash.
 - Essential medication.
- Blanket or sleeping bags.
- Matches or lighter.

Personal Contacts



Name	
Address	
Phone Numbe	r

EMERGENCY POINTS OF CONTACT

Name or Contact	Phone Number	Name or Contact	Phone Number

Active Shooter Awareness

BE AWARE OF PEOPLE AROUND YOU:

- Is a family member, co-worker, or friend going through a stressful situation?
- Has their demeanor changed significantly?
- Are they acting extremely peculiar in action or comments.
- Admiration for other violent Active Shooter/Lone Offender extremists or terrorists.
- Estrangement or rejection from a group for advocating violence that the group does not support.
- Agreement with the ideologies of a group but, due to a lifelong pattern of difficulties with interpersonal relationships, lack of affiliation with a group.
- Expression of a desire to attack a "specific target" and taking action to conduct surveillance and collect information on the target.
- Obtaining and using weapons, explosives, and bomb making materials and manuals for use in violent actions.
- If you know of an individual having extreme problems or whose demeanor has changed significantly, report it to the proper authorities.

Active Shooter Awareness

VITAL KNOWLEDGE

- Learning the "Behavioral Traits" of the Lone/Mentally Disturbed offender.
- Just as important as "Surveillance Detection" skills -- these are Behavior Detection skills.

WHAT TO DO

- In a work environment, report to your supervisor and/ or the security department.
- In imminent danger:



HOW TO RESPOND

Quickly determine the most reasonable way to protect your own life. Customers and clients are likely to follow the lead of employees and managers during an active shooter situation.

1. EVACUATE

2. HIDE OUT

- Have an escape route and plan in mind
- Leave your belongings behind
- Keep your hands visible
- Hide in an area out of the active shooter's view. Block entry to your hiding place

and lock the doors

Attempt to incapacitate the active shooter

• As a last resort and only when

your life is in imminent danger.

3. TAKE ACTION

 Act with physical aggression and throw items at the active shooter

CALL 911 WHEN IT IS SAFE TO DO SO

HOW TO RESPOND WHEN LAW ENFORCEMENT ARRIVES ON THE SCENE

- **1.** How you should react when law enforcement arrives:
- Remain calm, and follow officers' instructions
- Immediately raise hands and spread fingers
- Keep hands visible at all times
- Avoid making quick movements toward officers such as attempting to hold on to them for safety

2. Information you should provide to law enforcement or 911 operator:

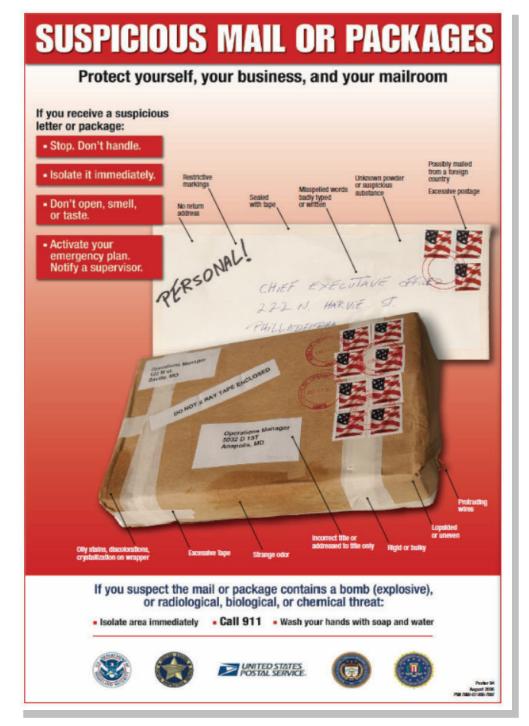
- Location of the active shooter
- Number of shooters, if more than one
- Physical description of shooter/s

- Avoid pointing, screaming and/or yelling
- Do not stop to ask officers for help or direction when evacuating, just proceed in the direction from which officers are entering the premises
- HOLED PROVIDE TO LAW ENFORCEMENT OF 011 OPERATOR.
 - Number and type of weapons held by the shooter/s
 - Number of potential victims at the location

RECOGNIZING SIGNS OF POTENTIAL WORKPLACE VIOLENCE

An active shooter may be a current or former employee. Alert your Human Resources Department if you believe an employee exhibits potentially violent behavior. Indicators of potentially violent behavior may include one or more of the following:

- Increased use of alcohol and/or illegal drugs
- Unexplained increase in absenteeism, and/or vague physical complaints
- Depression/Withdrawal
- · Increased severe mood swings, and noticeably unstable or emotional responses
- Increasingly talks of problems at home
- · Increase in unsolicited comments about violence, firearms, and other dangerous weapons and violent crimes



Suspicious Mail or Packages

WHAT TO LOOK FOR:

- Restricted endorsements such as "Personal" or "Private."
- Has an inaccurate addressee's name or title.
- Has distorted handwriting, homemade labels, or cut-andpaste lettering for the name and address.
- Has visible protruding wires, aluminum foil, oil stains, or emits a peculiar odor.
- + Has an excessive amount of postage stamps affixed.
- Letter bombs may have a rigid feel or an uneven or lopsided appearance.
- Parcel bombs may have unprofessional wrapping, with several combinations of tape used to secure the package and may have an endorsement of "Fragile-Handle with Care" or "Rush-Do-Not-Delay."
- Parcel bombs may have a buzzing, ticking, or sloshing noise.
- Do not attempt to move, open or handle the item.
- Evacuate the area and warn others to stay clear of the item(s). Call 911 or (910) 451-3005.
- From a safe distance wait for the arrival of law enforcement personnel.
- Provide a description of the package or item and what made you suspicious.

	Bomb	Threat Che	cklist	BO 5500.3
Exact time of ca Exact words of	all Phone caller	Number call rec	eived at	Date
Questions to As	sk:			
		ode?		
2. Where is the				
3. What does it	look like?			
4. What kind of				
5. What will cau	-	e?		
6. Did you place				
7. Where are yo				
8. What is your				
9. What is your	name?			
CALLER'S VOIC	E (Circle as may	w that annly)		
Age			Indry	Excited
Sex	Calm	Stutter I	ien	Disguised (How)
Other (Specific)				
	Accent	Loud S	Slurred	01100000
Were there any	Music	Machinery	Televisi House N	on Train loises Other
Voices Animal Noises	Motor	Clear	Office N	
Voices	Motor	Clear	Office N	
Voices Animal Noises	Motor Static	Clear Airport/Jet	Office N Subway	
Voices Animal Noises PA system Person receivin REPORTING PR ble, notify fello and so Dispatch bomb threat lin <u>CALL TRACE PR</u> 1. Keep the call	Motor Static ocedures: TR w workers to ca h can call Telep e. If the caller <u>ocedures:</u> ler on the line if	Clear Airport/Jet Y TO KEEP CALL all 911 on anoth hone Repair to hangs up, initia f possible.	Office N Subway ER ON THE er line to r initiate a p te CALL TR	-

Resources and Information \equiv

National Weather Service provides severe weather warnings and advisories. <u>www.weather.gov</u>	Federal Emergency Management Agency (FEMA) 800-621- 3362 <u>www.fema.gov</u>
North Carolina Road Conditions <u>www.ncdot.org/traffictravel</u>	American Red Cross <u>www.redcross.org</u>
Family Preparedness "Prepare. Plan. Stay Informed" <u>www.ready.gov</u>	NC Crime Control and Public Safety <u>www.nccrimecontrol.org</u>
National Terror Alert News www.nationalterroralert.com	Ready North Carolina "Prevent. Prepare. Respond. Recover" <u>www.ReadyNC.org</u>
Installation Emergency Management <u>http://www.mcieast.marines.mil/ StaffOffices/</u> EmergencyManagement.aspx	Disaster Assistance <u>www.disasterassistance.gov</u>

Local Television and Radio Stations

<u>Local Television Stations:</u> WITN 7, WNCT 9, and WCTI 12

<u>Local Radio Stations:</u> WJNC (1240 AM), WXQR (105.5 FM), and WILL (98.7 FM)